



A Day in My Wheels Itinerary

Date: Wednesday 27th September 2023

Meet in CHQ, Custom House Quay at 8.00am. Parking is available in the park Rite Carpark in the IFSC. (<https://www.parkrite.ie/carparks/ifsc>), the Red Luas stops at the back entrance to the CHQ, the Dart stops in Connolly Station, and intercity buses stop in Busáras.

Itinerary as follows:

- **09:00 – Guests Arrive**
- 09:10 – Breakfast served
- 09:15 – Welcome speech by SII CEO, Fiona Bolger
- 09:20 – Overview of the campaign by SII Ambassador
- 09:30 – Keynote talk on disability & inclusivity in the workplace, hosted by the Disability Federation of Ireland
- 09:50 – Wheelchair Skills Training Session
- 10:30 – Photocall
- 11:00 – Depart

This is then followed by the following optional extras:

- A one-to-one educational session with one of our SII A Day In My Wheels Ambassadors
- A visit by the Ambassador to your office to address your staff
- A visit by the Ambassador to your office to review the accessibility of your workspace
- The opportunity to utilise a wheelchair for the day. This will help you and your staff get a glimpse at some of the accessibility issues that people with spinal cord injuries face on a daily basis