

Find out more at spinalinjuries.ie

Support Services



Support at every stage

Ireland's only dedicated support service for people living with spinal cord injury

Contact Us

Our head office is on the NRH Campus on Rochestown Ave in Dun Laoghaire.

email: info@spinalinjuries.ie

tel: 01 235 5317

twitter: [@SpinalIreland](https://twitter.com/SpinalIreland)

facebook.com/[SpinalInjuriesIreland](https://www.facebook.com/SpinalInjuriesIreland)



SII relies on donations for **61%** of funding.
Find out how you can donate or get involved
at
www.spinalinjuries.ie

Support in Hospital

- **Early Days:** Get one to one support and information from an SII Community Outreach Officer. Early Days is available to patients and their families in acute hospital or in the NRH Campus.
- **SII Resource Centre:** Information and resources on site at the NRH Campus for people with SCI and their family members.
- **Future Me:** This is especially for people who want to start thinking about their options for education, training and employment.
- **Someone Like Me:** Relaxed and informal, come and meet other people with spinal cord injury who are now living an active life at home.

When

Every other Monday evening from 7pm to 8pm.

Where

NRH Campus Lecture room.

Please just turn up or contact Kate on

085 858 4247.

Support at Home

- **Community Connect:** A home visit from SII Community Outreach Officer who offers support and information in a variety of areas such as:
 - Active Support and Goal Setting
 - Signposting / linking into other support services
 - Continuation of the 'Future Me' programme towards education, training and employment.
 - Linking with other people with SCI in the local area through the 'Someone Like Me' programme.
- **SII Meet Up:** Local meet ups for people with SCI to socialise, try new skills and listen to speakers.
- **Counselling:** A Community Outreach Officer will source the best counselling available.
- **Active Me Connect:** This service supports people who enjoy sport and want to join their local club, while also supporting the club in facilitating their new member.
- **Family Support:** A Community Outreach Officer can continue to provide support to family members, independent of the support provided to the person with SCI.